

Worm Free Children Are Healthy Children



National Deworming Day

Did you know that children suffer from several harmful health issues because of worm infection, such as:

- Anemia • Nutritional impairment • Loss of appetite
- Weakness and anxiety • Stomach ache, nausea, vomiting, and diarrhoea • Blood in stool



10 February 2016 - On National Deworming Day, deworming tablets will be given free-of-cost at schools and *anganwadi* centres.

1. Children aged 1-5 will be given this tablet at *anganwadi* centres
2. Children aged 6-19 will be given this tablet at schools
3. Out-of-school children will be given this tablet at schools
4. Ensure that your child gets this tablet only from a trained program representative. Do not give the tablet to your child at home
5. For more information contact the *anganwadi* worker/ASHA/teacher in your community



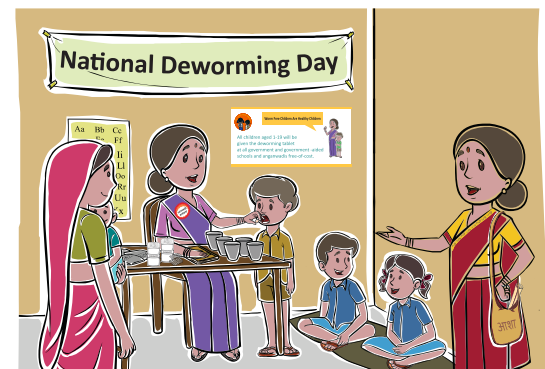
Benefits of deworming children

Direct Benefits:

- Controls anemia
- Improves nutritional uptake

Indirect Benefits:

- Helps improve immunity
- Helps improve concentration, capacity to learn, and attendance at school and *anganwadi* centre
- Helps improve work potential and livelihood opportunity
- Helps break the transmission cycle resulting in lesser worm infestation in the community.



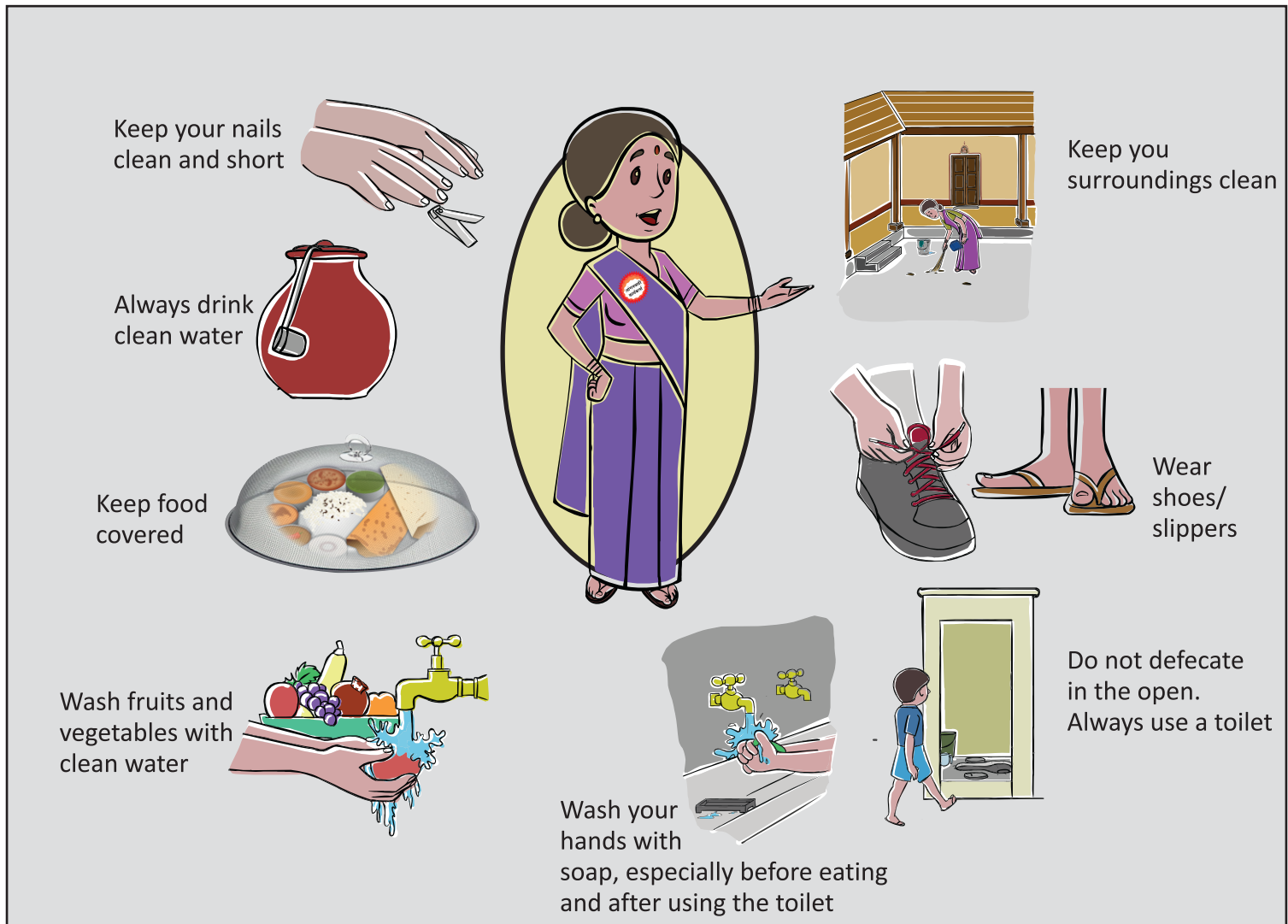
Remember – 10 February 2016

Take your child to the nearest school or *anganwadi* centre where deworming tables will be given **free-of-cost**

Children who could not be dewormed on National Deworming Day should be dewormed on 15 February 2016



Other practices to control transmission of worm infections, in addition to deworming



For your information

Why should all children be dewormed, even though some children do not appear sick?

- It is essential to deworm all children to control worm transmission in the community
- A child can carry worms for a long time but not have visible symptoms. But it has long-term impact on the health, educational, and overall well-being of the child
- The deworming tablet is safe and beneficial for all children and adults
- The deworming tablet helps in children's overall physical and mental development

